



NVC MEDIATION

5-Day Residential Retreat & 1 Year Immersion Training Program with Ike Lasater & John Kinyon

REGISTRATION

Prior experience required:

- Minimum: read the first 8 chapters of *Nonviolent Communication: A Language of Life* by Marshall Rosenberg
- Preferred: having attended a foundations of NVC class/workshop (see www.nvcaustralia.com) OR being a practicing mediator or equivalent

Thank you for your interest in coming to the retreat!

To secure your place, please fill out this document and post or email it back to

kate@kateraffin.com

and send **\$250 deposit**

to Kate Raffin 6B Alice Lane Newtown 2042.

Cheques made payable to **Kate Raffin.**

or ANZ account Kate Raffin

BSB 012 330

5504 28191. * Please send an email to Kate as you make a deposit and type your name in the ID box with your transfer.

We would like to receive:

- registrations and **\$250** deposit asap
- **50%** payment before **Monday 25th January 2010**
- balance of payment **by 15th February 2010.**

Financial Information

There are two parts to the overall price, per retreat.

PART 1: Basic costs (food, accommodation, basic expenses)

| Accommodation type | Early bird – pay by 25th January 2010 | After 25 th January 2010 | Deposit |
|--|---------------------------------------|-------------------------------------|----------|
| Camping BYO tent | \$680 | \$800 | \$250 |
| Share accommodation (2-8 per room – some bunk style) | \$900 | \$1020 | \$250 |
| Ensuite | \$1,050.00 | \$1,170.00 | \$250.00 |

PART 2: Tuition

For individuals paying for themselves, we are requesting tuition for the retreat in the range of **\$600 - 1,200** from a desire to care for both your financial well being and ours. We ask that you give as high on the scale as you would enjoy giving. By signing up for the retreat you are agreeing that you are willing to give within that scale.

If your organisation is supporting you to attend the retreat we request a payment of **\$1200**.

| | |
|---------------------|---|
| Individual paying | requested contribution between \$600-1200 |
| Organisation paying | \$1200 |

Total Retreat costs (part 1 + part 2) = \$1280 - \$2100.

Waiting List

If the amount you are willing or is affordable for you to give is less than the requested tuition range, you can ask to be put on our waiting list, and you may or may not be invited into the retreat, depending on factors such as the overall enrolment and tuition we are receiving.

**** See info on personal fundraising at the end of this document ****

Cancellation Policy

I understand that if I cancel or change my registration two or more weeks prior to the start of the residential retreat, I will be asked to give a \$50 administrative fee. If I cancel within less than two weeks notice of the start of the retreat, in addition to the \$50 administrative fee, there may also be other costs that the retreat centre will charge us for making this change. I understand that I will be responsible for and asked to pay any other additional costs incurred by the organisers due to changes in registration that we cannot recover.

If you wish to be on the Waiting List:

_____ I am not able to pay PART 1 (the Retreat Costs) amount or within the scale of \$600-1200 in PART 2 for tuition and I would like to be put on the Waiting List. I know that I may or may not be invited to attend the retreat, depending on factors such as overall enrolment and expenses. See the section on **Personal Fundraising** at the end of this document.

The total amount I am willing to give for this retreat is \$ _____

To complete your registration and be enrolled in the retreat, fill out and send this registration form back to Kate and your deposit payment of \$250. You will receive a confirmation email or letter. As it gets closer to the retreat dates, you will be sent more detailed logistical information about the retreat.

We would prefer to receive registrations before Friday 25th Jan 2010. This will help our planning and arrangements and making decisions on inviting people on the wait list. Space is limited to 35 participants and may fill up.

Personal Fundraising:

You may choose to do personal fundraising to help mitigate these costs. We have listed some fundraising ideas below.

Ideas for personal fundraising:

1. Ask people in your network of family, friends, and community if they'd enjoy contributing financially to you participating in this training program.
2. Ask local organizations of which you are a part if they'd like to sponsor you
3. Offer introductory NVC sessions in your community and ask for donations
4. Organize unrelated fundraisers, e.g. bake sales, garage sales, etc.
5. Ask others to hold garage sales for you
6. Organize a fundraiser dinner: invite friends and ask for donations
7. Hold an "empathy" booth or "mediation table" at a local café or farmer's market, with a donation basket
8. Seek small grants
9. Ask friends for their fundraising ideas (and share them with us to pass along!)