

The Heart Of Parenting

An 18 hour course for parents, grandparents or anyone who lives or works with children. It is based on the principles of NVC and Connection Parenting.

You will learn to:

- parent through connection, respect and true communication rather than power, punishment and coercion
- raise cooperative, respectful and self-disciplined kids without being a dictator or a doormat
- decode children's behaviour and respond to their needs instead of reacting to their behaviour
- break generational patterns and learn how our feelings are caused by our unmet needs, not by our children
- understand the importance of emotional intelligence and how it helps to improve a child's self esteem and increase his or her independence
- strengthen and deepen your relationship to last a lifetime.

Contact Jo

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www.theheartofparenting.com.au

Forthcoming dates

Repton NSW

Weekday Format: 6 x 3 hour sessions

Wednesday 28th July to 1st September, 9.30 - 1.00pm

Venue: Bundagen Community

401 McCabes Rd Repton

Brisbane QLD

Saturday 14th August, 2.00pm - 5.00pm, PLUS

Two Sundays 15th August and 22nd August, 2.00pm - 5.00pm

Venue: Brisbane Independent School

Yeppoon QLD

Saturday 11th September and Sunday 12th September, 9.00am - 4.30pm

Venue: Barnsborough Primary School