

Keystone Interaction Skills PRESENTS

A Deeper Understanding of Needs

Exploring & Experiencing the Spirituality of NVC with Robert Gonzales

13 – 19th July 2009

What will you learn on this intensive week?

The primary focus will be to develop awareness of the consciousness of “the living energy of needs” or “the beauty of needs”. Robert has found this aspect to be the core of living and integrating NVC into life. The deepening work will focus on establishing a clear pathway to identifying, then experiencing and cultivating this consciousness. You will be introduced to clear processes / tools that serve this integration and development.

Without this inner consciousness / energy, it is easier to practice NVC as a mechanical or rote process, or to get stuck in jackal reactivity without the living quality of needs.

Learning focus:

- This training will focus on deepening the foundation and integrating the consciousness of embodied spirituality implicit in Nonviolent Communication.
- Directly experience the life-enriching energy of needs, which is the spiritual basis of NVC.
- Learn processes to more fully integrate the authenticity of NVC into your own authenticity.
- Move beyond the pain of unmet needs to live more consistently in the beauty of needs.
- Identify and transform core jackal thinking to a life of being more fully present.
- Learn how to deal with the illusion of the conflict of needs, and live in peace and connection.

Teaching style

The structure of the sessions will typically involve an introductory talk by Robert, followed by demonstration of the principles and finally practice in small groups or dyads. The first part of the training will focus on the inner foundations and consciousness and the second part will focus on living the process in relationship.

Notes: You will be provided with a beautifully compiled notes set in this training.

Requested NVC Experience

A basic foundation of NVC skills and consciousness (understanding of the NVC Model and terms). Participation in at least one of the following: an NVC based workshop, NVC classes, NVC coaching or an NVC practice group. For workshops and coaching options, please email Glynis Conlon glynisconlon@optusnet.com.au

or visit www.keystoneskills.com

www.cnvc.org

www.nvcaustralia.com

Nonviolent Communication is a communication methodology developed by Marshall Rosenberg Ph.D. (PhD), in the mid-1960's. See www.CNVC.org

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About Robert Gonzales

Robert Gonzales met Marshall Rosenberg and Nonviolent Communication in 1985, and has been offering Nonviolent Communication training in some form since 1986. His original training is as a licensed psychotherapist. He received a Ph.D. (PhD) in Clinical Psychology in 1989. He has offered Nonviolent Communication training for community colleges, high schools, churches, social workers, psychologists, mediators, teenagers, and public groups. He has taught psychology, counselling and communication at Prescott College, a local liberal arts college.



Robert opened the Prescott Centre for Nonviolent Communication in Prescott, Arizona in June, 2000. The Center is a non-profit educational organisation that offers training, practice groups, private consultations and coaching in NVC.

Robert is currently President of the Board of Directors for the Center for Nonviolent Communication. He has been a trainer at NVC Intensive International Trainings and has been an assessor for certifying trainers for the Center for Nonviolent Communication. He is also one of four NVC trainers who are part of the NVC Training Institute, which offers in depth and continuing NVC training in the United States and Europe. Robert is available to lead NVC trainings and can be reached through the [NVC Training Institute](#) or the [Prescott Center for Nonviolent Communication](#)

“What inspires me the most with NVC is the beauty in people’s eyes as they transform emotional suffering into joy, freedom, and compassion. I see NVC as a way to bring compassionate living energy into life.”

DATES: July 13 - 19th 2009

TIME: 9.00am - 5.00pm daily (Robert prefers to finish at 6pm, if you have any needs not met by this finish time, please let us know)

LOCATION:

Mary MacKillop Place

7—11 Mount Street, North Sydney 2060 NSW

<http://www.marymackillopplace.org.au/>

COST (Single accommodation is available at the venue, shared accommodation is available at an alternative venue close by)

\$1195 plus GST – includes lunch, morning and afternoon tea (no accommodation)

\$1895 plus GST - includes all meals and shared accommodation (3 per room)

\$2195 plus GST – includes all meals and single accommodation

For queries....email:

glynisconlon@optusnet.com.au

Additional links

www.keystoneskills.com

www.nvcaustralia.com

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To Register please complete the form below and email to Ingrid Kruger at ikruger@bos.com.au

For more information please contact Glynis Conlon at glynisconlon@optusnet.com.au
(02 9984 0339 or Mob: 0406 930 699

Payment:

\$1195 plus GST – includes lunch, morning and afternoon tea (no accommodation)

\$1895 plus GST - includes all meals and shared accommodation (3 per room)

\$2195 plus GST – includes all meals and single accommodation

A deposit of \$200 is due with registration to reserve your place. Total payment is due no later than 6th July 2009.
Please book as soon as possible to avoid being put on the wait list, Robert's workshops always sell out quickly.

REGISTRATION FORM

NAME: _____

ADDRESS: _____

CITY / STATE / P-CODE _____

COUNTRY _____

PHONE (_____) _____ MOBILE _____

EMAIL _____

DIETARY REQUIREMENTS: _____

PAYMENT:

I have enclosed a cheque with payment of \$ _____

I have direct deposited \$ _____

Please indicate which option you are registering for:

\$1195 plus GST – includes lunch, morning and afternoon tea (no accommodation)

\$1895 plus GST - includes all meals and shared accommodation (2 per room)

\$2195 plus GST – includes all meals and single accommodation

Please send cheques to: Keystone Interaction Skills
34 Clarke Street
Narrabeen, NSW, 2101

Bank Details for direct deposit are:

Acct Name: Keystone Interaction Skills (Bendigo Bank)

BSB: 633 000

Acct Number: 136 734 324