



HEART TALK MATTERS PRESENTS

CULTIVATING INNER FREEDOM

and the Power of CHOICE to lead the life we want
through the basics of
NONVIOLENT COMMUNICATION* in Penguin, Tasmania

with **Kate Raffin**, certified trainer with the Centre of
Nonviolent Communication www.cnvc.org

Venue : The RESEED Centre 30 King Edward st. Penguin

Part 1 intro: Friday 20 Sept, 5.30 - 8.30pm

Part 2: Saturday 21 Sept, 1 - 6pm

Part 3: Sunday 22 Sept, 9am - 2pm

Each part is a pre-requisite for the next

Contribution: sliding scale – from \$180 to \$300 (intro only - \$50)

We would like to make this training both accessible and sustainable. Please contribute at the top of your ability

BOOK : <http://hearttalkmatters.com/penguin-tasmania-nvc-foundation-training/>

Contact: Michelle Towle 03 6435 4559 hello@reseed.net.au

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More info about Kate: www.hearttalkmatters.com

* Heart Talk Matters is based on the work of Marshall B. Rosenberg,
author of “Nonviolent Communication: a Language of Life”

www.cnvc.org

‘I think this content should be in everyone’s life curriculum’

- Frank Deveson, Canberra Nov, 2018

