

SHIFT HAPPENS!

- *Stay grounded and respectful in challenging conversations*
- *Learn skills that shift relationships away from blame and criticism.*
- *Create more harmony in your home and workplace.*

A two day workshop based on the principles of
Nonviolent Communication (NVC)
by Dr Marshall Rosenberg



Facilitated by Chris Gillett

Chris has been teaching NVC since 2005. She draws on her rich experiences as an Occupational Therapist, Local Area Co-ordinator in disability services, partner and mother of four. Chris is a certified trainer with the International Center for Nonviolent Communication.

23rd & 30th JUNE
9.30-4.00

Ottey Family & Neighbourhood Centre
2A South Lake Drive, South Lake (Perth)

Cost: \$230 full / \$170 concession

Bookings: www.trybooking.com/491648
by 14th June 2019

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Morning tea provided.
Please bring your own lunch.