

Love + truth = Connection

Be empowered in listening and expressing yourself!

Find ways to change the blame game into joyful relationship.

1 Day WORKSHOP with Jana Krins

Sunday, 13th August, 9am till 4.00pm.

Possum Creek (20 minutes west of Byron)

Based on 'Compassionate Communication', this workshop shows you new ways to relate in care and honesty.

Jana Krins is an experienced trainer and coach in 'Compassionate Communication' (Non Violent Communication). She will be focusing on healing and empowering intimate partner, parent/child and other family relationships. This process can also be extended to learn effective connection skills in friendships and the workplace.

A donation of \$100 per person is our request if affordable. Alternatively, other arrangements are welcomed. We don't want cost to be a barrier.

For more details contact jana.krins@yahoo.com.au or phone
0412408915

Jana is an experienced teacher and Centre for Non Violent Communication (CNVC) trainer certification candidate with eleven years of intensive work in 'Compassionate Communication', including Foundation Trainings, study group facilitation and mediation. Ch.1 of Dr.Rosenberg's book and a summary, 'NVC: A Language for Life' can be freely seen at <http://www.cnvc.org/bookchap.htm>