

HEART TALK MATTERS

presents

CHOOSING PEACE

Dialogue as a way of life
in Newcastle

Using the learnable skills of **Nonviolent Communication*** (NVC)

with certified NVC Trainer

Kate Raffin

Part 1: Friday 11th Dec 6 – 9pm (intro)

Part 2: Saturday 12th Dec, 1 – 6pm

Part 3: Sunday 13th Dec 9am - 3pm

Each part is a pre-requisite for the next

CONTRIBUTION : sliding scale

Intro course - from \$180 to \$300 (Fri intro only - \$50)

We would like to make this training both accessible and sustainable. Please contribute at the top of your ability

Special Offer - Resit course with Kate for \$140

VENUE : 1st Mereweather Scout Hall, Smith St, Newcastle West

BOOK : <http://hearttalkmatters.com/nvc-newcastle-training-in-newcastle-11-14-dec-2020/>

Contact: Kate Raffin – 0488 550 979 kate@kateraffin.com

'I'm taking away a whole new awareness of the dynamic I was creating and the potential for a very new way of communicating with everyone' - Arzu, participant Pomona April 2019

"If you want to learn a more peaceful way to be in the world, then I highly recommend coming to a course with Kate. It is more than communication. It is everything alive in us" - Nikki Brown -participant Newcastle, Feb 2019 participant

More info about Kate: www.hearttalkmatters.com * Heart Talk Matters is based on the work of Marshall B. Rosenberg - author of "Nonviolent Communication: a Language of Life" www.cnvc.org