

# choosing peace

## Dialogue as a way of Life

Using the skills of Nonviolent Communication (NVC)

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**Introduction course to NVC presented by Kate Raffin,**  
Certified trainer with the Centre for Nonviolent Communication

**2- day course:**

**Saturday, Oct 24 | 9am - 5pm**

**Sunday, Oct 25 | 9am - 5pm**

**Contribution: sliding scale**

We would like to make this training both accessible and sustainable. Please contribute at the top of your ability

**Intro course: from \$180 to \$300**

Re-sit the course: \$140 (if you've trained with Kate before)

**Location: Valdora Community Hall, 360 Valdora Rd**

*"I'm taking away a whole new awareness of the dynamic I was creating and the potential for a very new way of communicating with everyone"*  
- Arzu, participant in Pomona, April 2019

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**MORE INFO & BOOK NOW:**

**[www.everydayempowered.com.au](http://www.everydayempowered.com.au)**



Find Kate at: [hearttalkmatters.com](http://hearttalkmatters.com)

Find the Centre for Nonviolent  
Communication at: [www.cnvc.org](http://www.cnvc.org)

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